Catalina Pueblo Chronicle

State of the Pueblo

Jean Paine, President

Our Catalina Pueblo is looking very lovely these days. The flowers, bushes and trees are all blooming. It makes strolling the neighborhood a pleasure.

Actually all is super within our community. Thank you one and all for making this a very special and desirable place to live.

We had a spectacular Tapas event. We had amazing homes, great food and over 75 attendees. Connie and I thank the helpers for chopping, setting up, breaking down and doing all the numerous jobs that make a super event happen - Pat Weigand, Marti Greason, Karen Satterfield, Terry McLeod, David Holter, Mike Wattis, Bob Garrett, Ursula Garrett, Gail Reich and Marianne Van Zyll. A very special thank you to our gracious and wonderful hosts, Ken Conant and Jim Sankey and Jeannie and Eric Wager.

A lot of clean up has and is happening. Adelita is looking very nice with its recently trimmed trees and refurbished planters. Minera is next on the landscape and the pool agenda.

I particularly want to thank our hard working Landscape and Architecture chairs, Joey Barbee and Warren Edminster, and their committees for the recent walk about and review of approximately 25 properties and pathways. Thank you Lee Strang, Jeannie Wager, Connie Church, Mark Sammons, Gail Reich, Joey Barbee, and Warren Edminster.

Yes, yes, it is time for another party, folks, Cinco de Mayo on Sunday, May 5 at Adelita Pool. This fun holiday actually commemorates the victory of the Mexican army over the French in 1862. Now it is a fun celebration with folklore, dancing, food, margaritas and joy. Please join us for this event.



Landscape Committee Chair Joey Tanner Barbee

Spring has sprung.

Our Landscape and Architecture teams have just completed their designated walks through the paths and washes of a quarter of our community. Soon, I'm guessing, some of us will be gently nudged to do a bit of needed touch-up and trimming. And as a result of all of this, our neighborhood will continue to be the sought after community we love.

The Catalina Pueblo Spring Clean Up continues. You may have noticed the tree and shrub trimming around the Adelita Pool. The Palo Verde trees surrounding the pool were nicely trimmed and one small Palo Verde tree was removed since its roots were finding their way under the steps of the home next door. There's more detail work to be done at Adelita Pool and then onward to the Minera and Caballo Pools.

Our Tapas Tour this year took place under a so-called "supermoon," as its orbit brought the moon closer to Earth than usual, so it looked a bit bigger. Behind scattered clouds, it cast a lovely overnight glow throughout our neighborhood.



Photo by Bob Garrett

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Pueblo Plodders Pat Weigand

The Pueblo Plodders Rack Up the Miles

The Pueblo Plodders have been busy this season! Gail has organized a number of really interesting and beautiful hikes, geared to our easy-going style. We have been to some of the best locations our gorgeous Tucson has to offer, including Catalina State Park, Oracle State Park, petroglyph sites, Sabino Canyon watercourses, and Saguaro National Park.

We have encountered some challenges that encompassed boot-top-high streams (which some of us crossed and some of us didn't), loose damp sand and rocks (on which some of us stumbled and some of us didn't), and waist-high rocks (which some of us climbed and some of us didn't). We all tiptoed through non-geneticallymodified horse manure (which some of us escaped odor-free and some of us didn't). In addition, Karen has urged us to do the 2-mile Rillito walk on Wednesdays and sometimes Mondays. We often drag our visitors and usually wind up at Happy Hour, with the intent of replacing those calories that we just walked off. After a certain number of walks, the organizers reward us with T-shirts and hats. We indeed cherish these items of high fashion.

Here are some snapshots of us enjoying ourselves. Please join us when you can.



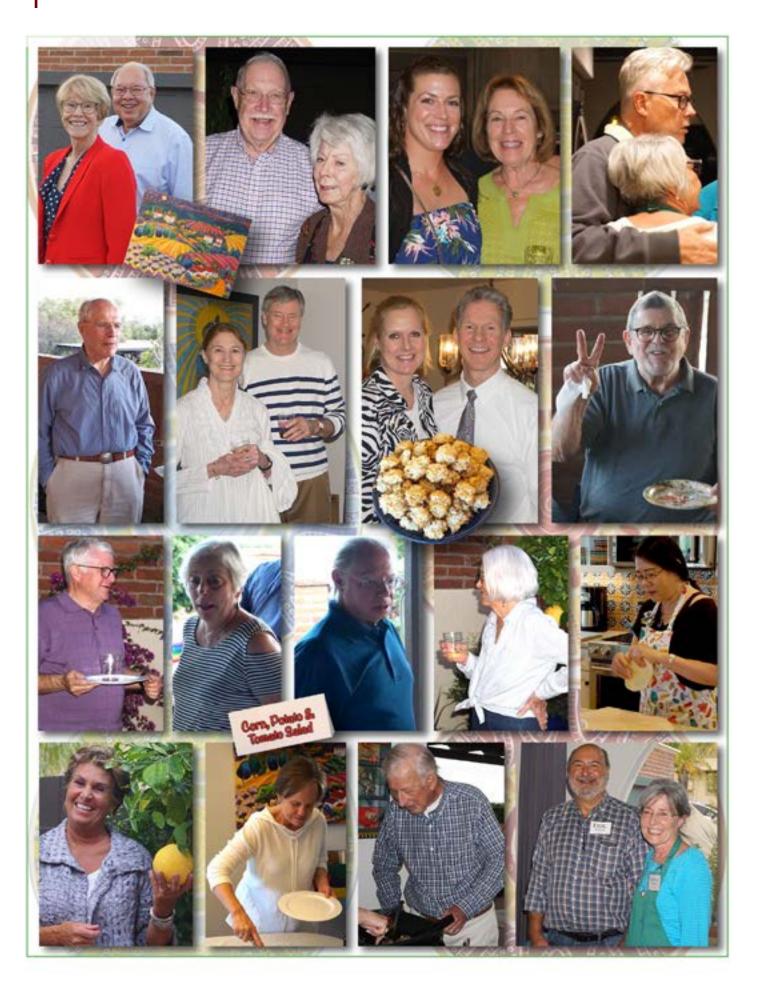
The "Meet Me" walks downtown and along the Rillito are frequented by The Plodders. Marti, Ben, Mary, and Pat received attendance awards. David received his 50 walk pin.













Advice from your Pueblo Architecture Committee

CARING FOR YOUR ADOBE BLOCK

Our neighborhood's adobe blocks should be clear-coated with a special silicone solution every four or five years to prevent their disintegration. This is critical in houses that are attached to one another or share garden walls. Here is more information.

Adobe block is not brick. Brick is made of highsilica clay that is fired at temperatures ranging from 1,600 to 2,000 degrees Fahrenheit. This partially melts and fuses the silica particles to one another, all the way through the thickness of the brick, effectively converting the clay to weatherproof stone.

Adobe blocks, whether baked or not, are made of dried mud with a far lower silica content than brick, and grainy character that does not bond as do clay particles. Houses built of unbaked adobe melt in the rain and need annual inspection and maintenance.

Our neighborhood's adobe blocks are baked at a low temperature, just sufficient to give them a thin and barely weather-proof skin. It is extremely important to understand that the interior of the blocks remain soft and friable. Baked adobe is not at all like brick.

To keep our blocks weatherproof, they should be coated with a special clear silicone. An application at four- or five-year intervals is recommended. This will keep your adobe house stable. Be especially attentive to regularly coating adobe block across the tops of parapets, chimneys, and walls that support porches.

Signs of disintegration include flaking, buckling, puckering or falling away of the block surface, followed by release of red dust and grit from the interior. When this happens, rain infiltrates and rusts the iron wires buried in the mortar. The rusting wire expands and cracks adjacent mortar and blocks, admitting still more damaging water.

Small do-it-yourself tasks are easily done with a roller or paintbrush, using silicone available by the jug from such places as Wilford Construction at 28 E. Fort Lowell Road (they also often carry blocks, if you need some replacements). Larger jobs can be done for hire. Companies with specialized equipment can spray coat an entire house in a single day.

Can you see and reach the potato?

Below are some good examples of what things should look like.



If there is no place you can hide or put an average sized potato out of reach, then there are no places a pack rat can build a new home. It really is that simple.

Landscaping Advice Submitted by JoAnn Marcus

Winter Rains = Spring Pack Rat Baby Boom!

Pack rats can breed all year long, but their breeding depends on environmental conditions. Babies are born when the conditions are optimal for their survival. Fewer babies are born in times of drought and extreme cold. Rain equals lots of new plant growth. More growth equals more food and cover, which are ideal conditions for raising young. I expect a big increase in the pack rat population this spring.

We are already seeing more young in nests. Each female typically has two young and in about six weeks, those young are old enough to reproduce. In just a few months the rat population can double! Each adult rat will need its own nest. While some maturing rats may find vacant nests to take over, most will need to find a safe spot to start a new nest. The critical words being "safe spot". Pack rats will only build new nests in locations where they already have some sense of security. If you want to minimize pack rat activity the key is to eliminate as many "safe spots" as possible to prevent future nesting sites. What constitutes a "safe spot" for a pack rat? Any place the rat can go, but a larger animal, like a bobcat or coyote, cannot go.

Use the Potato Test!

Think of an average size potato. That is about the size of an adult pack rat. Can you easily hide a potato in your yard? A pack rat can hide in the same places. Can you toss the potato someplace where you can't easily retrieve it, like in the center of a dense cactus? Then that is a place a predator can't easily reach a pack rat.

Garden Gallimaufry Mark Sammons

Mark J. Sammons cookfarm@comcast.net 615-6019

APRIL GARDEN CHORES

Evergreen trees shed old yellowed leaves in spring; it's normal!

As new leaf buds appear, prune frost-damaged wood back to base of branch to keep a natural form.

Now is the season to plant cactus and succulents, citrus and palms, bougainvillea and lantana, zinnias, portulaca, periwinkle. Also tomatoes, peppers, melons, thyme, oregano, marjoram, basil, and rosemary.

Cease planting other things till autumn.

By the end of the month, potted plants (other than succulents) will need daily watering. Bigger pots hold moisture longer.

Fertilize shrubs.

Gradually increase irrigation quantity and/or frequency as temperatures rise.

Let wildflowers dry and go to seed; shake out seeds and rake away dried remains.

In tropical plants like citrus, iron chlorosis causes yellow leaves with bright green veins. Treat affected plants with dilute chelated iron.

Wash aphids and spider mites from tender new growth with a heavy blast of water. Failing that, use insecticidal soap, or move on to cautious spot-use of houseplant spray.

If you see dry rot (black areas) on succulents, remove and discard the damaged part, or the whole plant.

For more ideas and information on plantings for the pueblo, <u>see: http://www.</u> <u>catalinapueblo.com/</u> <u>suggested-plant-list.html</u> Plants that provide winter interest in our desert gardens are a pleasant find. Among them is the winter-blooming *Euphorbia xanti* (Baja Spurge, White Spurge, Liga, or cherry blossom euphorbia). As its folk name implies, it is from the Baja peninsula, and also coastal Sonora, and bears pink blossoms. I describe it here in April because of its tolerance for fierce summer sun and heat.

The plant forms an open scaffold of very slim grey-green stems, that can become a dense tangle. In ideal conditions, in the ground, it can become a six- or eight-foot shrub, and gain almost as much breadth. Pot culture and judicious thinning keeps it a very manageable in size.

In summer heat and rain, it produces scant leaves on new growth. These shed in late fall and early winter, just as tiny flower buds form at the tips. These buds take their time growing, but sometimes in January and certainly in mild days of February, it begins a long bloom cycle that can last through March. The tiny flowers crowd into almost spherical heads that expand to about the size of a quarter. These are typically white, and some shade to light or ruddy pink. They are lightly scented. Technically, these are not blossoms but specialized bracts called cyathia; one must look very closely within each one to see the tiny blossoms. Scattered as the blossoms are at the tips of the leafless scaffold of the plant, they have a very light and airy effect that some compare to baby's breath, others to cherry blossoms.

This plant may produce seed capsules in early summer. New leaves will grow when monsoons arrive. Between flower season and leaf season, this is a rather stark plant, but I like its airy contrast to the forms of other desert plants.

Their native environment is one of ocean-side bluffs and dunes, and gritty canyons and slopes. In our frosty climate, grow it in a pot in welldrained bagged cactus soil, mulched with coarse gravel. Grow in full desert sun; they can take it. Water twice as often as you water potted cacti. Give it a half-strength all-purpose water-soluble feeding in spring.

The flower buds, and thin new growth are easily frost damaged. When a light frost is anticipated, (such as a brief hour of 32 degrees at dawn) you can cover it, but you must provide several stakes to keep the cloth from touching the tips, as contact of the cloth will kill the flower buds. It is simpler just to bring it in for the night. A laundry room or shed that stays above freezing



is sufficient. I grow mine in a plastic pot slipped within a better-looking ceramic pot, so it weighs less when I need to move it indoors.

If you forget to move it in, and it is killed back, it will regrow when weather warms up, even from the rhizomes if killed to the ground. When it blooms in January through March, the little bit of fuss over frost protection proves very worth it.

pueblorec*pes

While David is away, we are sharing with you his *PuebloRecipes* article from this month in 2011.

recipes collected and edited by david scott allen • april 2011



Almond Raspberry Cake

Butter for greasing pan 1/2 cup all-purpose flour, plus additional for pan 3 1/2 ounces ground almonds 2/3 cup sugar, divided 4 large egg yolks 3 tablespoons milk 3/4 teaspoon vanilla 1/4 teaspoon salt 2 large egg whites

1/3 cup water
1/4 cup sugar
1 tablespoon fresh lemon juice
1/2 teaspoon almond extract
3 cups fresh raspberries

This recipe, and many more, can be found on David's blog, <u>Cocoa &</u> <u>Lavender - cocoaandlav-</u> <u>ender.blogspot.com</u>. If you have any culinary questions for David, feel free to email him at <u>cocoaandlavender@</u> <u>gmail.com</u>.



Put oven rack in middle position and preheat to 400°F. Generously grease a 9 by 2 inch round cake pan and dust with flour, knocking out excess. Mix ground almonds, 1/3 cup sugar, 1/2 cup flour and salt in a large bowl. Add yolks, milk, and vanilla, whisking until combined (batter will be thick). Beat whites with a pinch of salt in a bowl using an electric mixer at medium-high speed until they hold soft peaks. Add remaining 1/3 cup sugar, a little at a time, beating at medium speed, then beat at high speed until whites hold stiff, glossy peaks. Fold about one third of whites into batter to lighten, then fold in remaining whites gently but thoroughly. Pour batter into cake pan and bake until cake is springy to the touch and a wooden pick or skewer inserted in center comes out clean, 18 to 20 minutes. Cool cake in pan on a rack 5 minutes, then invert onto rack and cool 10 minutes.

Make berry syrup while cake is baking. Bring water and sugar to a boil in a 1-quart heavy saucepan, stirring until sugar is dissolved. Cool syrup 20 minutes, then stir in lemon juice and almond extract. Place berries in a large mixing bowl and pour syrup over; gently stir to coat the berries. Arrange cooled cake, right side up, on a plate and arrange berries on top; slowly pour fruit syrup evenly over top. Serves 6-8.

Volunteering and its Surprising Benefits Pat Weigand

Benefits of volunteering:

4 ways to feel healthier and happier

Volunteering connects you to others

Volunteering is good for your mind and body

Volunteering can advance your career

Volunteering brings fun and fulfillment to your life

How Giving to Others Makes You Healthier and Happier

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering are enormous to you, your family, and your community. The right match can help you to reduce stress, find friends, reach out to the community, learn new skills, and even advance your career. Giving to others can also help protect your mental and physical health. Learn more about the many benefits of helping others and find tips on getting started.

Why volunteer?

Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. Volunteering and helping others can help you reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time out of your busy day. Giving in even simple ways can help others those in need and improve your health and happiness.

Volunteering: The happiness effect

Helping others kindles happiness, as many studies have demonstrated. When researchers at the London School of Economics examined the relationship between volunteering and measures of happiness in a large group of American adults, they found the more people volunteered, the happier they were, according to a study in Social Science and Medicine. Compared with people who never volunteered, the odds of being "very happy" rose 7% among those who volunteer monthly and 12% for people who volunteers, 16% felt very happy—a hike in happiness comparable to having an income of \$75,000– \$100,000 versus \$20,000, say the researchers.

Adapted with permission from Simple Changes, Big Rewards: A Practical, Easy Guide for Healthy, Happy Living, a special health report published by Harvard Health Publications.

Florence Immigrant & Refugee Rights Project (offers a range of legal help) <u>https://firrp.org/</u>

Southern Arizona Legal Aid (provides essential legal services) <u>https://www.sazlegalaid.</u> org/

Aliento (uses art to help undocumented people) https://<u>www.alientoaz.</u> org/

Lutheran Social Services of the Southwest, Refugee & Immigration Services (aids ith housing, education, etc.) http://www.lss-sw.org/ refugeeservices

We Asked . . . You Listened Ursula and Bob Garrett

There was a big positive reaction to last month's CP newsletter story about ways to help migrant families crossing into Arizona, escaping violence and poverty in their home countries. Some of our neighbors still volunteer after donating food supplies, warm clothing and backpacks, while others contribute financially. Our focus then was on Tucson's impressive Casa Alitas program at the former Benedictine Monastery on Country Club near Speedway, where a variety of faith communities work hand-in-hand providing services.

There, so many families seeking asylum get dropped off by ICE -- truly strangers in a strange land -- that food often runs short and shelters fill up. Nevertheless, volunteers keep providing an antidote to the despair and fear engulfing so many men, women, and countless little children. To help at the Monastery, contact Pat Weigand (weigand_patricia@yahoo.com) for details.

Meanwhile, many other non-profits do equally stellar work, so it's easy to select an organization needing your support, some outside the faith community. Please see the left column for alternative Arizona groups to consider.



10 April 2019 Catalina Pueblo Chronicle Tried & True Trades

> Appliance Repair 2 son's Finest Appliances Recommended by Marianne Van Zyll

Concrete, Masonry, Block, Adobe &

Stucco Repair

Armando Pacheco - 520-338-3980

Recommended by David Scott Allen & Mark SammonsDan Tatum315-879-0570Recommended by Caryl Daugherty

Ed Carrillo (Stucco) 520-360-0405 Recommended by John & Ann Berkman Tony Scott- (Tile & Stone Mason) 520-336-0634 Recommended by Jean Paine and John & Ann Berkman

Electrician

Frank Tentschert 520-577-4987 & 907-5990

Recommended by Connie Church

Mike Powelson 520-591-5446

allaboutelectricservice@gmail.com Recommended by Deborah Berlin

Facials

Lianae ZL Medaesthetics 7051 N. Oracle - Casas Adobes 520-204-1956 Recommended by Jo Ann Marcus

Handiman

Josh Jumper 520-230-0009 Recommended by Caryl Daugherty

Dallas Davis 520-403-1356 Recommended by Gisele Nelson

Steven Cicco 520-869-2199 Recommended by Marianne Van Zyll

Nailed It: Mark Confer 520-990-8823 Recommended by Frank & Pamela Bangs

Calvin Parkins, Jr. 308-430-8002 White River Construction, LLC

Recommended by Deborah Berlin John Landers 520-609-2530 Recommended by John & Ann Berkman John Gordon 520-282-1725 Recommended by Marti Greason

Home Checks & Caretaking

Catalina Concierge - Marco Manzo 520-628-0206 Recommended by Ken Conant and Jim Sankey

House Cleaning Services

Claudia Tapia - 520-257-7528 Recommended by Marian Ries Fernando Mendez 520-445-1061 Alex's Cleaning Service Recommended by Jo Ann Marcus

Angie Stokes 520-270-4875 Housekeeping, windows, patio & yard clean up Recommended by Nanci Hartwick

Erika Bradley 520-240-5870 Recommended by Deborah Bowman

Levinia Celaya 520-406-5630 Recommended by Connie Church

HVAC

Family Air Cooling & Heating520-399-5850Recommended by Jo Ann Marcus

Temperature Control, Inc. -- Shawn Davis 520-544-KOOL (5665) Recommended by Marti Greason

Landscaping/Gardeners

Francisco Enriquez 520-405-8527 Recommended by Jean Paine and Bill & Lee Strang

Locksmith

Key One Inc 520-327-3432 Recommended by Bill & Lee Strang

Manicure/Pedicure, Gels - Waxing Nails by Yen 520-638-8840 Recommended by JoAnn Marcus & Connie Church

Massage Therapists

Intentional Grounding, massage by Colleen cmavender @gmail.com - 520-577-4543 Recommended by Marti Greason Brandy Rodriguez LMT - 520-256-5671 621 N. 6th Ave., Tucson 85705 Recommended by Jo Ann Marcus Ginger Castle LMT CKTP - 520-877-0038 Recommended by Marianne Van Zyll Rooted Therapeutic Massage & Bodywork Recommended by Sarah Cafiero

Painting & Decorative Artist

Mary Howard - 520-991-5336 Recommended by Marianne Van Zyll

Painting

Luis Ramirez - 520-740-0494 Recommended by Roy Langenberg

Pet Grooming Mobile Groomer - 520-664-5432 Dog Do's by Steph Recommended by Jo Ann Marcus

Pet & House Care

Gregory Matthews 520-299-1260 cell 520-241-8028 Recommended by Nanci Hartwick, Marti Greason,

Plumber

Beyond Plumbing -Mike Moyer 520-409-2549 Recommended by Jo Ann Marcus Dependable Plumbing Services- David Solis 520-990-5437 Recommended by Jean Paine

Remodel/Construction

Shawn Henderson 520-745-2169 Recommended by Marti Greason & Jean Paine

Window Cleaning

Better View Professional Windows &Miniblind Cleaners520-917-3333Recommended by David Scott Allen & Mark Sammons

Treasurer Report Pat Weigand, Treasurer

Catalina Pueblo Association Statements of Cash Flows and Budget February 2019

2019 YTD Actual		2019 Annual Budget		Budget YTD Remaining		
Income:						
2019 Association Dues	\$	81,075.00	\$	81,000.00	\$	(75.00
2019 Title Transfer Fees	\$	400.00	\$	1,600.00	\$	1,200.00
TOTAL INCOME	\$	81,475.00	\$	82,600.00	\$	1,125.00
Expenses:						
Administrative:						
Postage/Printing/Other	\$	411.20	\$	900.00	\$	488.80
Website			\$	800.00	\$	800.00
Professiona Services (Bnkg/CPA/Atty)	\$	180.00	\$	3,600.00	\$	3,420.00
Property Tax/Licenses			\$	200.00	\$	200.00
Insurance 2018			\$	2,900.00	\$	2,900.00
Subtotal	\$	591.20	\$	8,400.00	\$	7,808.80
Neighborhood Infrastructure:						
Contracted Monthly Landscaping (12x\$650)	\$	650.00	\$	7,800.00	\$	7,150.00
Other Maintenance	\$	380.00	\$	2,000.00	\$	1,620.00
Landscaping Project & Design			\$	5,000.00	\$	5,000.00
Roads & Drainage			\$	250.00	\$	250.00
Security & Lightbulbs	\$	901.97	\$	1,000.00	\$	98.03
Subtotal	\$ \$	1,931.97	\$	16,050.00	\$	14,118.03
Neighborhood Social Activites:			\$	4,000.00	\$	4,000.00
Recreational - Pools:						
Routine Services/Chemicals	\$	607.28	\$	7,000.00	\$	6,392.72
Pool Repairs/Maintenance	\$	37.06	\$	3,000.00	\$	2,962.94
3 Pools Replacement & Repairs	\$	4,964.22	\$	10,000.00	\$	5,035.78
Southwest Gas	\$	1,797.84	\$	6,500.00	\$	4,702.16
Tucson Electric	\$	1,205.68	\$	11,000.00	\$	9,794.32
City of Tucson Water	\$	601.61	\$	2,200.00	\$	1,598.39
Contracted Housekeeping Monthly (12x\$175)	\$	350.00	\$	2,100.00	\$	1,750.00
Other (permits/termites/furniture)	'		\$	1,500.00	\$	1,500.00
Subtotal	\$	9,563.69	\$	43,300.00	\$	33,736.31
TOTAL EXPENSES	\$	12,086.86	\$	71,750.00	\$	59,663.14
Reserve Transfer			\$	10,850.00	\$	10,850.00
TOTAL EXPENDITURES AND TRANSFER	\$	12,086.86	\$	82,600.00		
NCOME (not including reserve transfer)	\$	69,388.14				
king and Reserve Funds		Checking		Reserve		Total

		Reserve				 Total	
Balance 1/1/2019	\$	-	(1)	\$	87,749.60	(1)	\$ 87,749.60
Total Net Cash Flow	\$	69,388.14		\$	4.16	(2)	
Ending Balance 2/28/2019	\$	69,388.14		\$	87,753.76		\$ 157,141.90

(1) Beginning bank balances have been reconciled based on accrued reserve transfer.

\$19,244.40 Reserve transfer included in beginning balance to net to zero, transfer completed in Jan2019

(2) Interest income in the savings account

2019 Board of Directors

Jean Paine — President Frank Bangs — Vice President Connie Church — Secretary Patricia Weigand — Treasurer Mike Wattis — Pools

Joey Barbee — Landscape

Warren Edminster — Architecture

Please contact the board via email: CatalinaPuebloBoard@gmail.com

Board of Directors Meeting April 15 - 5:30 @ Warren's

Call to Order Approval of February Minutes Committee & Officer's Reports New Business Adjournment

Agenda will be published each month in the Chronicle. Only items on the agenda will receive board action unless there is an emergency. By publishing the agenda in advance, we seek member comment on pending issues. Comment can be sent to our board email address, in writing to the secretary or you may choose to appear at the meeting, space available. To request items to be placed on the agenda, use the same addresses.

The Board may at any time go into executive session to consider legal or other permitted matters.

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Our website, <u>www.catalinapueblo.com</u>, has all our Catalina Pueblo information including our CC&Rs, complete Rules, past minutes, past newsletters, plant lists, remodel forms, HOA information and more.

Committees:

Cinco de Mayo Party Joe Thompson Marianne Van Zyll Jan Sikora-Lerch

Architecture: Warren Edminster, Chair Bev Edminster Mark Sammons Lee Strang Jean Paine

Landscape: Joey Barbee, Chair Mark Sammons Jeannie Wager Lee Strang Gail Reich Connie Church

Pools: Mike Wattis, Chair Mike Rockwell David Holter Marti Greason

Light bulbs:

Pueblo: Terry Temple & Dan Bares Maria: Marti Greason & Olive Mondello Adelita & Cerrada Adelita: Mike Rockwell (West) Gail Reich (East) Posada E.: Marianne Van Zyll Posada W.: Russ & Glenda Melin Minera: Pat Weigand Caballo & Cerrada Caballo: Nancy Meister & Jay Book Campbell: Jean Paine

Directory:

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